

Australian Government

**Department of Health** 

## Medicare Benefits Schedule (MBS) Comprehensive medical assessment (CMA) for residents of residential aged care facilities (RACF) Proforma

The use of this Proforma is **not** mandatory. GPs undertaking the Comprehensive Medical Assessment for residents of residential aged care facilities should refer to the relevant MBS Explanatory Notes for health assessment items 701, 703, 705 and 707 before using this Proforma.

#### **Resident details**

Resident's name	
Male/Female	
Date of Birth	
Age	

#### **Current contact details**

Residential Aged Care Facility	
(RACF) - name, address and	
phone number	
Pension number	
Next of kin/guardian – name	
and phone number	

#### **Carers contact details**

Name/s	
Address	
Phone number	
Consultation undertaken with	Yes/No
carer?	

#### Power of attorney (recommended)

Advance Care Directive (or	Yes/No
similar)	
Enduring Medical Power of	Yes/No
Attorney	

#### New or existing resident (mandatory)

New	Yes/No
Existing	Yes/No
If existing, reason for CMA	

## **Previous (recommended)**

110 (10 us (1000 million ucu)	
Has the resident had a previous	Yes/No
CMA?	
If yes, when (date)?	
Service provided by (Dr's	
details)	

### **Resident consent (mandatory)**

Explanation of CMA given?	Yes/No
Consent for CMA given?	Yes/No
Consent given for information	Yes/No
to be collected by a nurse	
Consent given for information	Yes/No
to be collected by another	
health practitioner	
Consent given by?	Resident/Carer
Date consent was given	

# Detailed medical history (mandatory)

Results of relevant previous	
assessments (eg, GPs,	
specialists and/or community	
based assessments)	

Results of relevant previous investigations and allied health interventions	

Results of assessment and intervention by nursing staff of the RACF	

Details of allergies and any drug intolerance	

Resident's current medication (including prescribed and non- prescribed medication – drug chart can be attached)	

Acute and chronic pain	

Falls in the last three months	

## Immunisation status

Influenza – current?	Yes/No
Tetanus – current?	Yes/No
Pneumococcus – current?	Yes/No

### Continence

Urinary	Normal/Abnormal
Urine test	Normal/Abnormal
Faecal	Normal/Abnormal
Any identified issues?	

Factors leading to the admission into the RACF	

## Immediate action required

Cardiovascular system	
Respiratory system	
Pain	
Physical function	
Psychological function	
Oral health	
Nutrition status	
Skin integrity	
Continence	

#### Other services required

Chronic Disease Management	Yes/No
Care Plan required	
Multidisciplinary Case	Yes/No
Conference required	
Medication Management	Yes/No
Review required	
Other services required	

#### Next appointment with doctor

Date of appointment	
GPs name	
GPs signature & date	

# **Comprehensive Medical Examination (mandatory)**

Cardiovascular system	Normal/Abnormal
Identified issues	

Respiratory system	Normal/Abnormal
Identified issues	

Pain – acute	Yes/No
Pain – chronic	Yes/No
If yes, cause of pain	

Physical function (including	
activities of daily living eg,	
walking, eating, dressing,	
personal care, bathing) –	
identified issues	

# **Psychological function**

Mood	Normal/depressed/other
Cognition	Normal/impaired/test for screening tool used
Identified issues	

## Oral health

Teeth	
Dentures	
Gums	
Identified issues	

## Nutrition status

Weight	
Weight Height	
BMI	
Identified issues	

Dietary needs	
Identified issues	

Skin integrity	Normal/Abnormal (sores/lesions)/other
Identified issues	

### Other medical examination (as relevant)

Fitness to drive	
Hearing	
Vision	
Smoking	
Foot care	
Sleep	
Cardiovascular risk factors	
Alcohol	
Other identified issues	

A copy of the Comprehensive Medical Assessment must be provided to the Residential Aged Care Facility and offered to the resident.