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## Australian Group on Antimicrobial Resistance (AGAR) Australian *Staphylococcus aureus* Sepsis Outcome Programme (ASSOP) Annual Report 2015

Geoffrey W Coombs, Denise A Daley, Yung Thin Lee, Stanley Pang, Jan M Bell,  
John D Turnidge and Stanley Pang for the Australian Group on Antimicrobial Resistance

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# Australian Group on Antimicrobial Resistance (AGAR) Australian *Staphylococcus aureus* Sepsis Outcome Programme (ASSOP) Annual Report 2015

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## Abstract

From 1 January to 31 December 2015, 31 Australian institutions participated in the Australian *Staphylococcus aureus* Sepsis Outcome Programme (ASSOP). The aim of ASSOP 2015 was to determine the proportion of *Staphylococcus aureus* bacteraemia (SAB) isolates in Australia that are antimicrobial resistant, with particular emphasis on susceptibility to methicillin and to characterise the molecular epidemiology of the methicillin-resistant isolates. Overall 18.2% of the 2,399 SAB episodes were methicillin-resistant. The 30-day all-cause mortality associated with methicillin-resistant SAB was 18.8% which was not significantly higher than the 15.1% mortality associated with methicillin-sensitive SAB. With the exception of the  $\beta$ -lactams and erythromycin, antimicrobial resistance in methicillin sensitive *S. aureus* (MSSA) remains rare. However, in addition to the  $\beta$ -lactams, approximately 50% of methicillin-resistant *S. aureus* (MRSA) were resistant to erythromycin and ciprofloxacin and approximately 15% resistant to co-trimoxazole, tetracycline and gentamicin. When applying the EUCAST breakpoints teicoplanin resistance was detected in two *S. aureus* isolates. Resistance was not detected for vancomycin and linezolid. Resistance to non-beta-lactam antimicrobials was largely attributable to two healthcare-associated MRSA clones; ST22-IV [2B] (EMRSA-15) and ST239-III [3A] (Aus-2/3 EMRSA). ST22-IV [2B] (EMRSA-15) is the predominant healthcare-associated clone in Australia. Sixty-seven percent of methicillin-resistant SAB were due to community-associated clones. Although polyclonal, almost 43% of community-associated clones were characterised as ST93-IV [2B] (Queensland CA-MRSA) and ST1-IV [2B] (WA1). CA-MRSA in particular the ST45-V [5C2&5] (WA84) clone has acquired multiple antimicrobial resistance determinants including ciprofloxacin, erythromycin, clindamycin, gentamicin and tetracycline. As CA-MRSA is well established in the Australian community it is important antimicrobial resistance patterns in community and healthcare-associated SAB are monitored as this information will guide therapeutic practices in treating *S. aureus* sepsis.

**Keywords:** Australian Group on Antimicrobial Resistance (AGAR); antimicrobial resistance surveillance, *Staphylococcus aureus*, methicillin sensitive *Staphylococcus aureus* (MSSA), methicillin-resistant *Staphylococcus aureus* (MRSA), bacteraemia

## Background

Globally, *Staphylococcus aureus* is one of the most frequent causes of hospital-acquired and community-acquired blood stream infections.<sup>1</sup> Although there are a wide variety of mani-

festations of serious invasive infection caused by *S. aureus*, in the great majority of these cases the organism can be detected in blood cultures. Therefore, *S. aureus* bacteraemia (SAB) is considered a very useful marker for serious invasive infection.<sup>2</sup>



Although prolonged antimicrobial therapy and prompt source control are used to treat SAB,<sup>3</sup> mortality ranges from as low as 2.5% to as high as 40%.<sup>4-6</sup> Mortality rates however, are known to vary significantly with patient age, clinical manifestation, co-morbidities and methicillin resistance.<sup>7,8</sup> A prospective study of SAB conducted in 27 laboratories in Australia and New Zealand found a 30-day all-cause mortality of 20.6%.<sup>9</sup> On univariate analysis increased mortality was significantly associated with older age, European ethnicity, methicillin resistance, infections not originating from a medical device, sepsis syndrome, pneumonia/empyema and treatment with a glycopeptide or other non- $\beta$ -lactam antibiotic.

The Australian Group on Antimicrobial Resistance (AGAR), a network of laboratories located across Australia, commenced surveillance of antimicrobial resistance in *S. aureus* in 1986.<sup>10</sup> In 2013, AGAR commenced the Australian *Staphylococcus aureus* Sepsis Outcome Programme (ASSOP).<sup>11</sup> The primary objective of ASSOP 2015 was to determine the proportion of SAB isolates demonstrating antimicrobial resistance with particular emphasis on:

- Assessing susceptibility to methicillin; and
- Molecular epidemiology of methicillin-resistant *S. aureus* (MRSA).

## Methodology

### Participants

Thirty-one laboratories from all eight Australian states and territories.

### Collection Period

From 1 January to 31 December 2015, the 31 participating laboratories collected all *S. aureus* isolated from blood cultures. *S. aureus* with the same antimicrobial susceptibility profiles isolated from a patient's blood culture within 14 days of the first positive culture were excluded.

A new *S. aureus* sepsis episode in the same patient was recorded if it was identified by a culture of blood collected more than 14 days after the last positive culture. Data were collected on age, sex, date of admission and discharge (if admitted), and mortality at 30 days from date of first positive blood culture. To avoid interpretive bias, no attempt was made to assign attributable mortality. Each episode of bacteraemia was designated healthcare onset if the first positive blood culture(s) in an episode were collected >48 hours after admission.

## Laboratory Testing

Participating laboratories performed antimicrobial susceptibility testing using the Vitek2<sup>®</sup> (bioMérieux, France) or the Phoenix<sup>™</sup> (BD, USA) automated microbiology systems according to the manufacturer's instructions. *S. aureus* was identified by morphology and positive results of at least one of the following tests: Vitek MS<sup>®</sup> (bioMérieux, France), matrix-assisted laser desorption ionization (MALDI) biotyper (Bruker Daltonics, Germany), slide coagulase, tube coagulase, appropriate growth on chromogenic agar and demonstration of deoxyribonuclease production. Additional tests such as fermentation of mannitol, growth on mannitol-salt agar or polymerase chain reaction (PCR) for the presence of the *nuc* gene may have been performed for confirmation.

Minimum inhibitory concentration (MIC) data and isolates were referred to the Antimicrobial Resistance and Infectious Diseases Laboratory at the School of Veterinary and Life Sciences, Murdoch University. Clinical and Laboratory Standards Institute (CLSI)<sup>12</sup> and European Committee on Antimicrobial Susceptibility Testing (EUCAST)<sup>13</sup> breakpoints were utilised for interpretation. Isolates with a resistant or an intermediate category were classified as non-susceptible. Linezolid and daptomycin non-susceptible isolates were retested by Etest<sup>®</sup> (bioMérieux) using the Mueller-Hinton agar recommended by the manufacturer. *S. aureus* ATCC 29213 was used as the control strain. High level mupirocin resistance was determined

using a mupirocin 200 µg disk according to CLSI guidelines on all isolates with a mupirocin MIC >8 mg/L by Vitek2<sup>®</sup> or >256 mg/L by Phoenix<sup>™</sup>.<sup>12</sup> Multi-resistance was defined as resistance to three or more of the following non-β-lactam antimicrobials: vancomycin, teicoplanin, erythromycin/clindamycin, tetracycline, ciprofloxacin, gentamicin, co-trimoxazole, fusidic acid, rifampicin, high level mupirocin, and linezolid.

Molecular testing was performed by whole genome sequencing using the MiSeq platform (Illumina, San Diego, USA). Sequencing results

were analysed using the Nullarbor pipeline.<sup>14</sup> Spa types were determined using the online spa typing tool described by Bartels *et al.*<sup>15</sup> SCCmec elements were identified using SCCmec sequences described by Monecke *et al.*<sup>16</sup>

Chi-square tests for comparison of two proportions and calculation of 95% confidence intervals (95% CI) were performed using MedCalc for Windows, version 12.7 (MedCalc Software, Ostend Belgium).

**Table 1: The number and proportion of methicillin sensitive *Staphylococcus aureus* (MSSA) isolates non-susceptible to penicillin and the non-β-lactam antimicrobials, Australia, 2015**

Antimicrobial	Number tested	Breakpoint (mg/L)	Non-Susceptible	
			n	%
<b>Penicillin</b>	1,962	>0.12 <sup>*</sup>	1,585	80.8
<b>Vancomycin</b>	1,962	>2 <sup>*</sup>	0	0.0
<b>Teicoplanin</b>	1,963	>8 <sup>†</sup>	0	0.0
		>2 <sup>‡</sup>	0	0.0
<b>Rifampicin</b>	1,915	>1 <sup>†</sup>	2	0.1
		>0.5 <sup>‡</sup>	2	0.1
<b>Fusidic Acid</b>	1,963	>1 <sup>†</sup>	59	3.0
<b>Gentamicin</b>	1,963	>4 <sup>†</sup>	15	0.8
		>1 <sup>‡</sup>	19	1.0
<b>Erythromycin</b>	1,963	>0.5 <sup>†</sup>	209	10.7
		>2 <sup>‡</sup>	147	7.5
<b>Clindamycin</b>	1,963	>0.5 <sup>†</sup>	16	0.8
<b>Tetracycline</b>	1,745	>4 <sup>†</sup>	31	1.8
		>2 <sup>‡</sup>	31	1.8
<b>Co-trimoxazole</b>	1,963	>2/38 <sup>†</sup>	29	1.5
		>4/76 <sup>‡</sup>	29	1.5
<b>Ciprofloxacin</b>	1,963	>1 <sup>*</sup>	49	2.5
<b>Nitrofurantoin</b>	1,865	>32 <sup>†</sup>	34	1.8
		>64 <sup>‡</sup>	1	0.05
<b>Daptomycin</b>	1,963	>1 <sup>*</sup>	0	0
<b>Linezolid</b>	1,963	>4 <sup>*</sup>	0	0

<sup>\*</sup>CLSI and EUCAST non-susceptible breakpoint

<sup>†</sup>CLSI non-susceptible breakpoint

<sup>‡</sup>EUCAST non-susceptible breakpoint

Approval to conduct the prospective data collection was given by the research ethics committee associated with each participating laboratory.

## Results

From 1 January to the 31 December 2015, participating laboratories identified 2,399 unique episodes of *S. aureus* bacteraemia. A significant difference ( $P < 0.0001$ ) was seen in patient sex with 64.9% (1,558) being male (95% CI 63 - 66.8). The average age of patients was 57 years ranging from 0 - 105 years with a median age of 60 years. Overall 77.4% (1,855) of 2,398 episodes were community onset (95% CI 75.7% - 79.1%). All-cause mortality at 30-days was 15.8% (95% CI 14.4 - 17.5). Methicillin resistant SAB mortality was 18.8% (95% CI 14.9 - 23.3) which was not significantly higher than methicillin susceptible SAB mortality (15.1%, 95% CI 13.4 - 16.9,  $p = 0.6$ ).

### MSSA Antimicrobial Susceptibility

Overall 81.8% (1,963) of the 2,399 isolates were methicillin sensitive of which 76.8% (1,507) were penicillin resistant (MIC  $> 0.12$  mg/L). However, as  $\beta$ -lactamase was detected in 78 phenotypically penicillin susceptible isolates, 80.8% of MSSA were considered penicillin resistant. Apart from erythromycin non-susceptibility, resistance to the non- $\beta$ -lactam antimicrobials amongst MSSA was rare, ranging from  $< 0.1\%$  to 3.0% (Table 1).

Two isolates were reported as non-susceptible to daptomycin by Vitek2<sup>®</sup>. By Etest<sup>®</sup> both isolates had MICs  $\leq 1$  mg/L and were therefore considered susceptible. All MSSA were vancomycin, teicoplanin and linezolid susceptible. Twenty-two (1.1%) of 1,962 isolates had high level mupirocin resistance of which 10 isolates were referred from Queensland. Inducible resistance to clindamycin was determined by the Vitek2<sup>®</sup> susceptibility system. Of the 1,751 isolates tested, 10% (175) were erythromycin non-susceptible/clindamycin intermediate/susceptible (CLSI breakpoints) of which 90.9% (159) were classified as having inducible clindamycin resistance. Multi-resistance was uncommon in MSSA (0.7%, 14/1,963).

There were no significant differences in interpretation for any drug when CLSI or EUCAST non-susceptibility breakpoints were utilised ( $P > 0.05$ ).

### MRSA Antimicrobial Susceptibility

The proportion of *S. aureus* that were MRSA was 18.2% (95%CI 16.7 - 19.8). The 436 MRSA identified were either ceftiofur screen positive by Vitek2<sup>®</sup> (399) or had a ceftiofur MIC  $> 4$  by Phoenix<sup>™</sup> (13). All 436 MRSA isolates were phenotypically penicillin resistant. Amongst the MRSA isolates, non-susceptibility to non- $\beta$ -lactam antimicrobials was common except for rifampicin, fusidic acid and nitrofurantoin where resistance was below 4.9% (Table 2). There were four isolates reported by Vitek2<sup>®</sup> as non-susceptible to daptomycin. By Etest<sup>®</sup> two isolates had MICs  $\leq 0.125$  mg/L and were therefore considered susceptible. Two isolates had MICs = 3.0 mg/L and were considered non-susceptible. By Vitek2<sup>®</sup> three isolates were linezolid resistant (MIC  $> 4$  mg/L). However, by Etest<sup>®</sup> the isolates had an MIC  $\leq 4$  mg/L (1.5, 2.0 and 2.0 mg/L) and were therefore considered linezolid susceptible. When using the EUCAST resistant breakpoint of  $> 2$  mg/L, two isolates were teicoplanin resistant (MIC = 4 mg/L). However, using the CLSI resistant breakpoint of  $> 8$  mg/L both isolates were classified susceptible. All MRSA were vancomycin susceptible. Ten (2.3%) of the 436 MRSA isolates had high level mupirocin. Inducible resistance to clindamycin was determined by the Vitek2<sup>®</sup> susceptibility system. Of the 371 isolates tested by Vitek2<sup>®</sup>, 29.9% (111) were erythromycin non-susceptible/clindamycin intermediate/susceptible (CLSI and EUCAST breakpoints) of which 89.2% (99) were classified as having inducible clindamycin resistance. Multi-resistance was common in MRSA (24.3%, 106/436).

There were no significant differences in interpretation for any drug when CLSI or EUCAST non-susceptibility breakpoints were utilised ( $P > 0.05$ ).

**Table 2: The number and proportion of methicillin-resistant *Staphylococcus aureus* (MRSA) isolates non-susceptible to penicillin and the non- $\beta$ -lactam antimicrobials, Australia, 2015**

Antimicrobial	Number tested	Breakpoint (mg/L)	Non-Susceptible (%)	
			n	%
<b>Penicillin</b>	436	>0.12*	436	100
<b>Vancomycin</b>	436	>2*	0	0
<b>Teicoplanin</b>	436	>8 <sup>†</sup>	0	0
		>2 <sup>‡</sup>	2	0.5
<b>Rifampicin</b>	433	>1 <sup>†</sup>	13	3.0
		>0.5 <sup>‡</sup>	13	3.0
<b>Fusidic Acid</b>	436	>1 <sup>‡</sup>	21	4.8
<b>Gentamicin</b>	436	>4 <sup>†</sup>	71	16.3
		>1 <sup>‡</sup>	78	17.9
<b>Erythromycin</b>	436	>0.5 <sup>†</sup>	189	43.4
		>2 <sup>‡</sup>	181	41.5
<b>Clindamycin</b>	436	>0.5*	62	14.2
<b>Tetracycline</b>	367	>4 <sup>†</sup>	73	19.9
		>2 <sup>‡</sup>	73	19.9
<b>Co-trimoxazole</b>	436	>2/38 <sup>†</sup>	67	15.4
		>4/76 <sup>‡</sup>	62	14.2
<b>Ciprofloxacin</b>	436	>1*	205	47.0
<b>Nitrofurantoin</b>	427	>32 <sup>†</sup>	9	2.1
		>64 <sup>‡</sup>	1	0.2
<b>Daptomycin</b>	436	>1*	2	0.5
<b>Linezolid</b>	436	>4*	0	0

\*CLSI and EUCAST non-susceptible breakpoint

<sup>†</sup>CLSI non-susceptible breakpoint

<sup>‡</sup>EUCAST non-susceptible breakpoint

## MRSA Molecular Epidemiology

Whole genome sequencing was performed on 427 of the 436 MRSA. Based on molecular typing, 33.7% (144) and 66.3% (283) of isolates were classified as healthcare-associated MRSA (HA-MRSA) and community-associated MRSA (CA-MRSA) clones respectively (Table 3).

## Healthcare-associated methicillin-resistant *Staphylococcus aureus*

For the 144 HA-MRSA isolates, 36.8% (53) were epidemiologically classified as hospital onset and 63.2% (91) were classified as community onset. Four HA-MRSA clones were identified: 108 isolates of ST22-IV [2B] (EMRSA-15) (25.3% of MRSA and 4.5% of *S. aureus*); 34 isolates of ST239-III [3A] (Aus -2/3 EMRSA) (8.0%

**Table 3: Proportion of healthcare-associated and community-associated methicillin-resistant *Staphylococcus aureus* (MRSA), Australia, 2015 by clone, healthcare and community onset, and Panton-Valentine leucocidin (PVL) carriage**

Strain	Total		Onset				PVL Positive	
			Healthcare		Community			
	n	%*	n	%†	n	%†	n	%†
Healthcare Associated MRSA								
ST22-IV [2B] (EMRSA-15)	108	25.3	34	31.5	74	68.5	2	1.9
ST239-III [3A] (Aus-2/3)	34	8.0	19	55.9	15	44.1	0	0
ST225-II (NY/Japan/USA100 variant)	1	0.2			1	100	0	0
ST36-II (EMRSA-6/USA 200)	1	0.2			1	100		
Total HA-MRSA	144	33.7	53	36.8	91	63.2	2	1.4
Community Associated MRSA								
ST93-IV [2B] (Queensland)	90	21.1	14	15.6	76	84.4	74	82.2
ST45-V	41	9.6	16	39.0	25	61.0	0	0
ST5-IV	35	8.2	12	34.3	23	65.7	18	51.4
ST1-IV	31	7.3	5	16.1	26	83.9	1	3.2
ST30-IV	17	4.0	2	11.8	15	88.2	15	88.2
ST78-IV	13	3.0	1	7.7	12	92.3	1	7.7
ST5-V	7	1.6	1	14.3	6	85.7	0	0
ST8-IV	6	1.4	2	33.3	4	66.7	0	0
ST872-IV	5	1.2	3	60.0	2	40.0	0	0
ST1-I	4	0.9	2	50.0	2	50.0	0	0
ST762-IV	3	0.7	2	66.7	1	33.3	1	33.3
ST152-V	2	0.5	0	0	2	100	2	100
ST188-IV	2	0.5	1	50.0	1	50.0	1	50.0
ST30-V	2	0.5	0	0	2	100	1	50.0
ST45-IV	2	0.5	0	0	2	100	0	0
ST59-V	2	0.5	0	0	2	100	2	100
ST6-IV	2	0.5	0	0	2	100	0	0
ST73-IV	2	0.5	0	0	2	100	0	0
ST88-IV	2	0.5	0	0	2	100	0	0
ST953-IV	2	0.5	0	0	2	100	0	0
ST97-IV	2	0.5	0	0	2	100	0	0
ST12slv-IV	1	0.2	0	0	1	100	0	0
ST149-IV	1	0.2	0	0	1	100	0	0
ST1slv-V	1	0.2	1	100	0	0	0	0
ST45slv-IV	1	0.2	0	0	1	100	0	0
ST47-V	1	0.2	1	100	0	0	0	0
ST573-V	1	0.2	1	100	0	0	0	0
ST584-IV	1	0.2	1	100	0	0	0	0
ST5-novel	1	0.2	0	0	1	100	0	0
ST612-IV	1	0.2	1	100	0	0	0	0
ST627dlv-IV	1	0.2	0	0	1	100	0	0
ST923-IV	1	0.2	0	0	1	100	1	100
Total CA-MRSA	283	66.3	66	23.3	217	76.7	117	41.3
Grand Total	427	100	119	27.9	308	72.1	119	27.9

\*Percentage of all MRSA

†Percentage of the strain



and 1.4%) and single isolates of ST225-II [2A] (USA100/New York Japan variant) and ST36-II (EMRSA-16/USA 200).

ST22-IV [2B] (EMRSA-15) was the dominant HA-MRSA clone in Australia accounting for 75% of HA-MRSA ranging from 12.5% in the Northern Territory to 100% in Tasmania and the Australian Capital Territory (Table 4). ST22-IV [2B] (EMRSA-15) was typically PVL negative and using CLSI breakpoints 99.1% and 50.9% were ciprofloxacin and erythromycin resistant respectively.

ST239-III [3A] (Aus-2/3 EMRSA) accounted for 23.6% of HA-MRSA ranging from 0% in Tasmania, Western Australia and the Australian Capital Territory to 87.5% in the Northern Territory (Table 4). PVL negative ST239-III [3A] (Aus-2/3 EMRSA) were typically resistant to erythromycin (100%), co-trimoxazole (100%), ciprofloxacin (97.1%), gentamicin (94.1%), tetracycline (82.4%) and clindamycin (76.5%).

### Community-associated methicillin-resistant *Staphylococcus aureus*

For the 283 CA-MRSA isolates, 23.3% (66) of episodes were epidemiologically classified as hospital onset and 76.7% (217) classified as community onset. Based on the multi locus sequence type and the SCCmec type, 32 CA-MRSA clones were identified (Table 3). Overall 80.2% of CA-MRSA were classified into six clones each having more than ten isolates: ST93-IV [2B] (Queensland CA-MRSA) (21.1% of MRSA and 3.8% of *S. aureus*); ST45-V (9.6% and 1.7%); ST5-IV (8.2% and 1.5%); ST1-IV (7.3% and 1.3%); ST30-IV (4.0% and 0.7%); and ST78-IV (3.0% and 0.5%).

ST93-IV [2B] (Queensland CA-MRSA) accounted for 31.8% of CA-MRSA ranging from 0.0% in Tasmania to 81.5% in the Northern Territory (Table 5). Typically PVL positive, 83.3% (75/90) of ST93-IV [2B] (Queensland CA-MRSA) were resistant to the  $\beta$ -lactams

only or additionally resistant to erythromycin (11.1%, 10/90) or erythromycin and clindamycin (5.6%, 5/90).

ST45-V accounted for 14.5% of CA-MRSA and was isolated primarily in New South Wales and Victoria (Table 5). All isolates were PVL negative and were resistant to the  $\beta$ -lactams and with one exception to ciprofloxacin. Isolates were additionally non-susceptible to erythromycin, gentamicin and tetracycline (31.7%, 13/41), gentamicin and tetracycline (14.6%, 6/41) erythromycin and gentamicin (12.2%, 5/41), erythromycin and tetracycline (7.3%, 3/41), erythromycin, clindamycin and tetracycline (7.3%, 3/41) tetracycline (4.9%, 2/41) and one (2.4%) each of erythromycin or erythromycin, gentamicin and rifampicin or gentamicin or clindamycin and erythromycin.

ST5-IV accounted for 12.4% of CA-MRSA and was isolated in all mainland regions of Australia ranging from 0.0% in Tasmania to 28.6% in South Australia (Table 5). ST5-IV, approximately 50.0% PVL positive, was typically resistant to the  $\beta$ -lactams and co-trimoxazole (42.9%, 15/35), the  $\beta$ -lactams only (28.6% (10/35) or additionally resistant to erythromycin (8.6%, 3/35), ciprofloxacin (5.7%, 2/35), ciprofloxacin, erythromycin and tetracycline (5.7% 2./35), and one (2.9%) each of ciprofloxacin and erythromycin, clindamycin and erythromycin or erythromycin and co-trimoxazole.

ST1-IV accounted for 11% of CA-MRSA ranging from 0.0% in the Australian Capital Territory to 50.0% in Tasmania (Table 5). Typically PVL negative, 67.7% of isolates were resistant to the  $\beta$ -lactams only (21/31) or additionally resistant to erythromycin and fusidic acid (16.1%, 5/31), erythromycin (9.7%, 3/31), or fusidic acid (6.5%, 2/31).

ST30-IV accounted for 6.0% of CA-MRSA and was isolated primarily isolated in Queensland (Table 5). Typically PVL positive 64.7% of isolates were resistant to the  $\beta$ -lactams only (11/17). Four isolates were non-susceptible to nitrofurantoin (23.5%). One isolate (5.9%) was resistant to

**Table 4: The number and proportion of healthcare-associated methicillin-resistant *Staphylococcus aureus* (MRSA) multilocus sequence types, Australia, 2015, by region**

Type	ACT		NSW		NT		Qld		SA		Tas		Vic		WA		Aus	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
ST22-IV	4	100	49	72.1	1	12.5	11	91.7	7	77.8	1	100	18	78.3	17	89.5	108	75.0
ST239-III			19	27.9	7	87.5	1	8.3	2	22.2			5	21.7			34	23.6
ST225-II															1	5.3	1	0.7
ST36-II															1	5.3	1	0.7
<b>Total</b>	<b>4</b>	<b>100</b>	<b>68</b>	<b>100</b>	<b>8</b>	<b>100</b>	<b>12</b>	<b>100</b>	<b>9</b>	<b>100</b>	<b>1</b>	<b>100</b>	<b>23</b>	<b>100</b>	<b>19</b>	<b>100</b>	<b>144</b>	<b>100</b>

ACT = Australian Capital Territory; NSW = New South Wales; NT = Northern Territory; Qld = Queensland; SA = South Australia; Tas = Tasmania; Vic = Victoria; WA = Western Australia; Aus = Australia

**Table 5: The number and proportion of the major community-associated methicillin-resistant *Staphylococcus aureus* (MRSA) multilocus sequence types, Australia (>10 isolates), 2015, by region**

Type	ACT		NSW		NT		Qld		SA		Tas		Vic		WA		Aus	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%	n	%
ST93-IV	1	12.5	11	16.9	22	66.7	19	34.5	12	34.3			12	30.8	13	28.3	90	31.8
ST45-V	2	25.0	31	47.7				2.9	1	2.9			7	17.9			41	14.5
ST5-IV	3	37.5	3	4.6	3	9.1	10	22.9	8	22.9			1	2.6	7	15.2	35	12.4
ST1-IV			10	15.4	1	3.0	4	14.3	5	14.3	1	50.0	3	7.7	7	15.2	31	11.0
ST30-IV			1	1.5	1	3.0	10	2.9	1	2.9			3	7.7	1	2.2	17	6.0
ST78-IV	1	12.5	2	3.1			2	2.9	1	2.9	1	50.0			6	13.0	13	4.6
<b>Other</b>	1	12.5	7	10.8	6	18.2	10	20.0	7	20.0			13	33.3	12	26.1	56	19.8
<b>Total</b>	<b>8</b>	<b>100</b>	<b>65</b>	<b>100</b>	<b>33</b>	<b>100</b>	<b>55</b>	<b>100</b>	<b>35</b>	<b>100</b>	<b>2</b>	<b>100</b>	<b>39</b>	<b>100</b>	<b>46</b>	<b>100</b>	<b>283</b>	<b>100</b>

ACT = Australian Capital Territory; NSW = New South Wales; NT = Northern Territory; Qld = Queensland; SA = South Australia; Tas = Tasmania; Vic = Victoria; WA = Western Australia; Aus = Australia

clindamycin, erythromycin and nitrofurantoin and one isolate to ciprofloxacin, erythromycin and co-trimoxazole.

ST78-IV accounted for 4.6% of CA-MRSA and was predominantly in Western Australia (Table 5). Isolates were resistant to the  $\beta$ -lactams and erythromycin (76.9%, 10/13). One isolate (7.7%) was additionally resistant to tetracycline, one isolate to ciprofloxacin and one to clindamycin and co-trimoxazole.

Overall 82.3% of CA-MRSA were non-multiresistant including 47.3% resistant to the  $\beta$ -lactams only. However, 50 (12.7%) CA-MRSA isolates were multiresistant.

### Panton-Valentine leucocidin

Overall, 119 (29.7%) MRSA were PVL positive, including 41.3% of the CA-MRSA (Table 3).

## Discussion

The AGAR surveillance programmes collect data on antimicrobial resistance, focussing on bloodstream infections caused by *S. aureus*, *Enterococcus* and *Enterobacteriaceae*. All data being collected in the AGAR programs are generated as part of routine patient care in Australia with most being available through laboratory and hospital bed management information systems. Isolates are referred to a central laboratory where strain and antimicrobial resistance determinant characterisation is performed. As the programmes are similar to those conducted in Europe, comparison of Australian antimicrobial resistance data with other countries is possible.<sup>31</sup>

In the 2015 European Centre for Disease Prevention and Control and Prevention (ECDC) SAB surveillance program, the European Union/European Economic Area (EU/EEA) population-weighted mean percentage of *S. aureus* resistant to methicillin was 16.8% (95% CI 16 - 17), ranging from 0% (95% CI 0 - 4) in Iceland to 57.2% (95% CI 51 - 63) in Romania.<sup>32</sup>

In ASSOP 2015, 18.2% (95% CI 16.7– 19.8) of the 2,399 SAB episodes were methicillin-resistant. This compares to 19.1% (95% CI 17.5 – 21.0) in ASSOP 2013 and 18.8% (95%CI 17.2 – 20.5) in ASSOP 2014.<sup>17</sup> In 2015, Ireland reported a similar percentage to Australia: 18.1%, (95% CI 16 – 21). However, for 19 of the 30 European countries (primarily the northern European countries, Germany, France and the United Kingdom) the percentage of SAB isolates resistant to methicillin was less than that reported in ASSOP 2015. Similar to Europe, which has seen the EU/EEA population-weighted mean percentage decrease significantly from 23.2% in 2009 to 16.8% in 2015, the percentage of methicillin-resistant SAB in Australia has decreased from 23.8% (95% CI 21.4 – 26.4) in 2007 to 18.2% (95%CI 16.7 – 19.8) in 2015 ( $P<0.0001$ ).<sup>18</sup> The decrease in methicillin-resistant SAB is consistent with what has been reported elsewhere<sup>19,20</sup> and is believed to be attributed to the implementation of antimicrobial stewardship and a package of improved infection control procedures including hand hygiene, MRSA screening and decolonisation, patient isolation and infection prevention care bundles.<sup>21-25</sup> However, unlike Europe, Australia has a high prevalence of CA-MRSA and so further reduction in the proportion of SAB due to MRSA may prove problematic.

In ASSOP 2015, the all-cause mortality at 30-days was 15.8% (95% CI 14.4 – 17.5). In comparison, the 2008 Australian New Zealand Cooperative on Outcomes in Staphylococcal Sepsis (ANZCOSS) reported a significantly higher figure of 20.6% (95% CI 18.8 - 22.5,  $P<0.0001$ ), and when adjusted for Australian institutions only was 25.9% (personal communication). MRSA-associated SAB mortality remains high (18.8%, 95% CI 14.9 – 23.3) but was not significantly higher than MSSA-associated SAB mortality (15.1%, 95% CI 13.4 – 16.9). Although it has recently been shown that invasive MRSA infection may be more life-threatening, partially because of the inferior efficacy of the standard treatment, vancomycin,<sup>9</sup> the emergence of hyper-virulent CA-MRSA clones such as ST93-IV [2B] (Queensland CA-MRSA), causing healthcare-associated SAB is of concern.<sup>26</sup>

With the exception of the  $\beta$ -lactams and erythromycin, antimicrobial resistance in MSSA remains rare. However, in addition to the  $\beta$ -lactams approximately 50% of MRSA were resistant to erythromycin and ciprofloxacin and approximately 15% resistant to co-trimoxazole, tetracycline and gentamicin. Resistance was largely attributable to two healthcare-associated MRSA clones, ST22-IV [2B] (EMRSA-15), which is typically ciprofloxacin and erythromycin resistant, and ST239-III [3A] (Aus-2/3 EMRSA) which is typically erythromycin, clindamycin, ciprofloxacin, co-trimoxazole, tetracycline and gentamicin resistant. From the early 1980s until recently, the multi-resistant ST239-III [3A] (Aus-2/3 EMRSA) was the dominant HA-MRSA clone in Australian hospitals. However, ST22-IV [2B] (EMRSA-15) has replaced ST239-III [3A] (Aus-2/3 EMRSA) as the most prevalent HA-MRSA isolated from clinical specimens and this change has occurred throughout most of the country.<sup>27</sup> In ASSOP 2015, approximately 25% of MRSA were characterised as ST22-IV [2B] (EMRSA-15). CA-MRSA, in particular the ST45-V clone (9.6% of MRSA), has acquired multiple antimicrobial resistance determinants including ciprofloxacin, erythromycin, clindamycin, gentamicin and tetracycline.

Resistance was not detected for vancomycin, linezolid or teicoplanin when CLSI interpretive criteria were applied. However, two isolates were teicoplanin non-susceptible when EUCAST criteria were applied.

Approximately 23% of SAB caused by CA-MRSA were of healthcare onset. Although in several parts of the United States of America the CA-MRSA clone USA300 has replaced the HA-MRSA clone ST5-II [2A] (USA100) as a cause of healthcare-associated MRSA infection,<sup>28</sup> transmission of CA-MRSA in Australian hospitals is thought to be rare.<sup>29,30</sup> Consequently, it is likely that many of the healthcare onset CA-MRSA SAB infections reported in ASSOP 2015 were caused by the patient's own colonising strains acquired prior to admission. In Australia, CA-MRSA clones such as PVL-positive ST93-IV [2B] (Queensland CA-MRSA) and PVL-negative

ST1-IV [2B] (WA1) are well established in the community and therefore it is important to monitor antimicrobial resistance patterns in both community and healthcare-associated SAB as this information will guide therapeutic practices in treating *S. aureus* sepsis.

In conclusion, ASSOP 2015 has demonstrated antimicrobial resistance in SAB in Australia is a significant problem and continues to be associated with a high mortality. This may be due, in part, to the high prevalence of methicillin-resistant SAB in Australia, which is significantly higher than most EU/EEA countries. Consequently, MRSA must remain a public health priority and continuous surveillance of SAB and its outcomes and the implementation of comprehensive MRSA strategies targeting hospitals and long-term care facilities are essential.

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