

PROPOSED IMPLEMENTATION PLAN STRUCTURE

IMPLEMENTATION PLAN VISION

Aboriginal and Torres Strait Islander peoples enjoy long and healthy lives

FOUNDATIONS FOR A HEALTHY LIFE

Cultural determinants:

Country and caring for country ● knowledge and beliefs ● language ● self-determination ● kinship ● cultural expression.

Social determinants:

Early childhood development ● education and youth ● employment and income ● racism ● housing ● environment and infrastructure ● interaction with government systems and services ● law and justice ● alcohol, tobacco and other drug dependency ● poverty ● food security.

LIFE COURSE

Healthy babies and children

Parents and carers of Aboriginal and Torres Strait Islander children can ensure that their children are provided with the foundations they need to thrive

Healthy youth and adolescents

Aboriginal and Torres Strait Islander youth grow into healthy young adults

Healthy adults

Aboriginal and Torres Strait Islander adults can manage their health and have long productive lives

Healthy ageing

Older Aboriginal and Torres Strait Islander people remain active, healthy, independent and comfortable for as long as possible

An effective, culturally safe and responsive Australian health system that is accountable to Aboriginal and Torres Strait Islander individuals, families and communities
Aboriginal and Torres Strait Islander peoples have readily accessible services that provide timely, high quality, effective, responsive, culturally safe and appropriate care across the whole health system

FOCUS AREAS

Workforce

Support Aboriginal and Torres Strait Islander representation in the health workforce ● Culturally safe workforce in Aboriginal and Torres Strait Islander health ● Culturally safe and responsive mainstream health sector

Healthy living

Preventive health measures ● Early intervention ● Enabling healthy choices ● High quality of life ● Social and emotional wellbeing including mental health support and services

Cultural wellbeing

Support and value Aboriginal and Torres Strait Islander peoples' language, knowledge and beliefs, kinship, cultural expression and exchange, country and caring for country in the health context ● Aboriginal and Torres Strait Islander governance ● Nation building

Aboriginal and Torres Strait Islander Organisations

Support sustainable Aboriginal and Torres Strait Islander community controlled health services ● Co-design with communities ● Aboriginal and Torres Strait Islander led research and knowledge translation ● Communities driving policy change ● Aboriginal and Torres Strait Islander led public health approaches

Strong families and communities

Food security ● Healthy built and natural environments ● Safe communities ● Connection to culture and community ● Aboriginal and Torres Strait Islander governance and decision making ● Aboriginal and Torres Strait Islander voices: knowledge and experience at the centre ● Data sovereignty

Cross-sector partnerships

Safe, secure housing ● Education sector ● Justice systems ● Income support ● Employment and job creation ● Disability support ● Child protection and family support systems ● Infrastructure ● Aged care sector ● Co-design and shared decision making with communities and Aboriginal and Torres Strait Islander organisations

Activities, based on the foundations, to address focus areas across each stage of life and throughout the health system