

LIST OF THEMHS AWARDS 1995

Category I: COMPREHENSIVE CATCHMENT AREA SERVICE
(Overall excellence of service provision within the constraints of the resources available)

Award Gold: ROYAL NORTH SHORE HOSPITAL AND COMMUNITY MENTAL HEALTH SERVICE, NEW SOUTH WALES

Description: This is a comprehensive, integrated mental health service (hospital and community) which provided a consumer focused, mainstreamed and integrated service, which emphasised continuity of care for people with a serious mental illness. Some of the services provided included crisis intervention, assessment, case management, rehabilitation, residential and intensive mobile care.

Award Silver: BENDIGO AND REGION PSYCHIATRIC SERVICES, VICTORIA

Description: The Bendigo and Region Psychiatric Services provided a comprehensive and integrated community focused mental health service encompassing a large rural region with a widely dispersed population. The service provided modern, community-focused psychiatric care and used a range of related assessment services, including consultation and liaison with mainstream health care providers, and psychosocial support services and community education.

Award Bronze: THE GEELONG HOSPITAL, PSYCHIATRIC SERVICES, VICTORIA

Description: The service comprised a comprehensive range of mental health services based on continuity of care, case management, consumer involvement and crisis prevention. Despite an operational budget cut over three years, services were reorganised and integrated to achieve a 38% increase in patients treated and 160% rise in community based contacts, resulting in the lowest inpatient treatment ratio in Victoria. Services included innovative features such as the Community Rehabilitation Facility and Day Treatment Centre. Effectiveness of services has been enhanced by successful general practitioner and family education programs.

Category 2: INNOVATIVE PART OF A COMPREHENSIVE SERVICE

(Any service area from acute care to rehabilitation)

Award Gold: COMMUNITY BASED PSYCHOSOCIAL SUPPORT SERVICE, DE PAUL COMMUNITY SUPPORT SERVICE, WESTERN AUSTRALIA

Description: The De Paul Community Support Service was a community-based inreach service which provided psychosocial support to people with a psychiatric disability in their own environments, where they could maintain community tenure and quality of life. The service, which operated in conjunction with identified medical and clinical structures was tailored to individual needs and assisted people to improve their social circumstances, social functioning and mental and physical health.

Award Silver: NORTHERN REGION INDEPENDENT LIVING PROGRAM, NORTH METROPOLITAN HEALTH SERVICE, PSYCHIATRIC REHABILITATION SERVICES, WESTERN AUSTRALIA

Description: The project was a joint venture between Government and non-Government Services, formed to address serious deficiencies in the range of accommodation available to people with psychiatric disabilities. The project was client focused and assisted people with psychiatric disabilities to access the accommodation of their choice, in locations they selected with access to appropriate support systems.

Award Bronze: PSYCHIATRIC REHABILITATION SERVICES, ACT DEPARTMENT OF HEALTH

Description: The service targeted people with mental illness who had difficulty living in the community, did not use the existing services appropriately, or who required more care than was provided within existing resources. Assertive case management and domiciliary rehabilitation services was provided to reduce psychotic symptoms and/or increase social and living skills. Clients were assisted to participate in other Psychiatric Rehabilitation Service programs and they received specialist clinical services from the multidisciplinary Psychiatric Rehabilitation Service Team.

Category 3: SPECIALIST SERVICE

(Most innovative or excellent specialist service)

Award Gold: CONSULTATION-LIAISON PSYCHIATRY UNIT, MONASH MEDICAL CENTRE, VICTORIA

Description: The Unit specialised in the mental disorders of people with physical illness in a suburban teaching hospital. The Unit promoted a multidisciplinary, bio-psycho-social, approach to management, which embodied a "whole

person" strategy and integrated psychiatric clinicians into medical and surgical units where physical-psychiatric comorbidity was high. The Unit had an established record of high service provision (breast cancer), patient satisfaction and quality improvement initiatives, international collaboration on standardised case register systems and development of consultation-liaison psychiatry outreach in general practices.

Award Silver: **AGED CARE PSYCHIATRY ASSESSMENT AND TREATMENT TEAM
BENDIGO AND REGION PSYCHIATRIC SERVICES, VICTORIA**

Description: The Team provided community based, specialised assessment, treatment and rehabilitation to the elderly mentally ill through a shared-care approach with general practitioner's and aged services. The Team provided quality service through the development of a modified screening process, implementation of case management and triage system and through staff supervision and quality review processes.

Award Bronze: **GRANVILLE VOCATIONAL UNIT, COMMONWEALTH REHABILITATION
SERVICE WESTERN SYDNEY, NEW SOUTH WALES**

Description: The Granville Vocational Unit had a statewide responsibility to provide people with psychiatric disabilities vocational rehabilitation services and assistance to gain employment. The Unit worked in partnership with service providers who were responsible for the ongoing management of a person's mental illness and with employment agencies who provided ongoing employment support.

Category 4: MOST IMPROVED SERVICE

(Encourage services in less developed areas)

Award Gold: **GLENBURN PRIVATE HOSPITAL-WAITEMATA HEALTH, NEW ZEALAND**

Description: The service provided long-stay accommodation and improved therapeutic input for "functionally ill" patients considered difficult to place. The patients had previously lived in impoverished conditions with little involvement in the outside world. Their move into a purpose-built private unit coincided with increased therapeutic input and for many residents their symptoms improved sufficiently for them to live in a less restrictive environment. Many were discharged from the Glenburn Private Hospital.

Award Silver: COMMUNITY BASED ADULT PSYCHIATRY SERVICES
WARRNAMBOOL AND DISTRICT BASE HOSPITAL PSYCHIATRIC SERVICES
DIVISION, VICTORIA

Description: The Community Based Adult Psychiatry Services provided a comprehensive specialist psychiatric service which evolved from an isolated model of psychiatric care to a community-based model of integrated mental health care delivered close to the client's environment. Comprehensive assessment and treatment was provided with an emphasis on home based care, case management and an individual service plan for every client. Clients and carers were involved in all areas of management.

Award Bronze: NORTH WEST COMMUNITY HEALTH SERVICE, VICTORIA

Description: The service was an area based mental health service providing clinical, case management and rehabilitation services provided by a range of multi-disciplinary teams. Key initiatives of the service were the development and implementation of needs assessment tools and a sophisticated case management system, community liaison in primary care psychiatry, increased supported accommodation and consumer initiatives.

Category 5: NON-GOVERNMENT SERVICE
(Including funded and voluntary non-government organisations)

Award Gold: FRAMEWORK TRUST, NEW ZEALAND

Description: Framework Trust is a charitable trust that evolved in an innovative, dynamic, and responsive way by developing community based services in partnership with mental health consumers which offered choice, flexibility and opportunities to consumers about social and development activities, work skills, employment, accommodation and work cooperative endeavours.

Award Silver: PANIC ANXIETY MANAGEMENT PROGRAM AND WORKSHOP,
PANIC ANXIETY DISORDER ASSOCIATION INC, SOUTH AUSTRALIA

Description: The Association held Panic Anxiety Management Programs and Workshops throughout Australia. The Programs and Workshops were designed to compliment various therapy options provided by the

individual's psychiatrist and/or psychologist. The Programs and Workshops were developed experientially from a large client base and drew on the clients subjective experience of their disorder which included the difficulties encountered during recovery phase.

Award Bronze: **DOING THINGS PROGRAM, OUT DOORS INC, VICTORIA**

Description: A community managed mental health service, which designed its programs around outdoor adventure, education, community based recreation, experiential learning, art and cultural activities and provided practical opportunities for people with serious mental illness. The service assisted people by participating in interesting, challenging and socially valued activities, to improve their motivation and capacity to live in the community and improve self-image and social skills.

Category 6: PARTNERSHIP AWARD

(For consumer/provider partnership activities)

Award Gold: **UNDERSTANDING AND INVOLVEMENT, CONSUMER EVALUATION OF ACUTE PSYCHIATRIC HOSPITAL PRACTICE, VICTORIAN MENTAL ILLNESS AWARENESS COUNCIL, VICTORIA**

Description: The project developed and tested ways for staff to seek feedback from consumers which involved difficult 'cultural change' in an area of practice which has not traditionally sought the views of clients. The project trialed and implemented methods for seeking consumers' views which could be successfully used in other acute and community psychiatric service settings.

Award Silver: **TASMANIAN ASSOCIATION FOR MENTAL HEALTH OPEN MIND JOURNAL, TASMANIA**

Description: Open Mind was a consumer-focused publication which was designed to raise the awareness of mental health issues in Tasmania. It campaigned for new and better services and regularly reported on research, new treatments and programs. The publication included personal accounts of experiences and coping mechanisms of people with a mental illness. It campaigned for new and better services and regularly contained reports on research projects and accounts of new treatments and programs.

Award Bronze: CAMP AND RECREATION SUB COMMITTEE
THE SCHIZOPHRENIA FELLOWSHIP OF SOUTH QUEENSLAND
INCORPORATED

Description: The Camp and Recreation Sub Committee was established by carers and staffed by an administrative personnel and a recreation officer. The Camp and Recreation Sub Committee was responsible for the provision of holiday camps and other recreation activities for members of the fellowship and consumers of the Brisbane Metropolitan Area Community Psychiatric Clinics. Initiated by an enthusiastic carer in 1989 with the help of consumers and other carers, camps were held 3-4 days a year over a 3 day period. Questionnaires have been used to ensure that consumers needs were being met.

**Category 7: INDIVIDUAL/TEAM AWARD FOR AN
OUTSTANDING CONTRIBUTION TO
THEORY/EDUCATION/PRACTICE**

Award Gold: ASSOCIATE PROFESSOR PATRICK MCGORRY
DIRECTOR OF THE EARLY PSYCHOSIS PREVENTION AND INTERVENTION
CENTRE ASSOCIATE PROFESSOR IN THE DEPARTMENT OF PSYCHIATRY
AT MELBOURNE UNIVERSITY.

Description: The staff of the Early Psychosis Prevention and Intervention Centre nominated Professor McGorry for the work, drive, vision and dedication he demonstrated in the area of early psychosis. Professor McGorry epitomised the scientist-practitioner model and made significant contributions both academically and clinically. He worked tirelessly to ensure that the quality of service offered at the Centre was of the highest standards and sensitive to the requirements of the participants. He had time for all staff, peers and consumers alike and as such gained a deep respect and admiration by all associated with him.