



Australian Government
Department of Health

Medicare Benefits Schedule (MBS)
Comprehensive medical assessment (CMA) for residents of residential aged care facilities (RACF)
Check List

*The use of this Check List is **not** mandatory. GPs undertaking the Comprehensive Medical Assessment for residents of residential aged care facilities should refer to the relevant MBS Explanatory Notes before using this Check List.*

Determine the need for a CMA (for an existing resident)	
Explain CMA to resident/representative and obtain consent (verbal/written)	
Find out if the resident has given anyone power to make decisions about medical treatment on his/her behalf	
Obtain information from previous assessments (eg previous GP/specialists etc) and aged care home, relevant to CMA	

Detailed relevant medical history

This may include a review of:

Results of relevant previous assessments by previous GPs and/or specialists, community based assessments	
Results of relevant previous investigations and allied health interventions	
Assessment and intervention by nursing staff of the RACF	
Details of allergies and any drug intolerance	
Resident's medication (prescription and non-prescription drugs), to inform a medication management review	
Acute and chronic pain	
Falls in the last three months	
Immunisation status for influenza, tetanus and pneumococcus	
Continence	
Factors leading to admission into the RACF	

Comprehensive medical examination of the resident

This may include, as appropriate to the resident:

Cardiovascular and respiratory systems, and other systems	
Physical causes of acute and chronic pain	
Assessment of physical function, including activities of daily living	
Assessment of psychological function, including cognition and mood	
Assessment of oral health	
Assessment of nutrition status	
Assessment of dietary needs	
Assessment of skin integrity	

Additional matters where (and as) relevant to the resident:

Fitness to drive	
Hearing	
Vision	
Smoking and alcohol use	
Foot care	
Sleep	
Cardiovascular risk factors	

Develop a list of diagnoses and/or problems, and prepare a written summary of the outcomes of the CMA

The summary may include:

A list of principal diagnoses/problems identified in the CMA	
Immediate action required	
Allergies and drug tolerance	
Current medication	
Issues to be address in a medication management review	
Other services/treatment required	

Provide a copy of the summary to the RACF	
Offer the resident a copy of the summary	
Copy of the summary filed in the resident's medical record	
Resident billed for the service as per normal billing arrangement for any other Medicare service	