



What is a Health Care Home?

A Health Care Home is an existing general practice or Aboriginal Community Controlled Health Service (ACCHS) that coordinates care for patients with chronic and complex conditions.

In an Australian first, approximately 200 practices and ACCHS around Australia are trialling the Health Care Home model of caring for people with long-term, complex conditions.

Patients at these practices with long-term and complex conditions, who could benefit from Health Care Homes' flexible, coordinated care, can enrol as Health Care Home patients.

What are the benefits?

One in four Australians have at least two chronic health conditions.

If you are one of these people and have several long-term conditions, you know that there are a lot of things to keep an eye on — your symptoms, medications and advice from different health professionals.

Wouldn't it be good if there was one team coordinating your care and basing it on your needs and preferences?

Health Care Homes coordinate care for patients with chronic and complex conditions. A patient who is eligible can choose to enrol and also chooses a GP — usually the GP they have already been seeing — who knows them, their health conditions and priorities. This doctor then leads a care team that will look after that patient.

Together, a patient and their care team will develop and follow a shared care plan. As part of this plan, the Health Care Home will coordinate that patient's care. For example, if a patient sees their specialist or goes to hospital, their Health Care Home will follow up.

Can I become a Health Care Home patient?

If you

- ▶ have a Medicare card
- ▶ would benefit from the Health Care Home model of care
- ▶ are assessed as eligible by a participating Health Care Home
- ▶ and your practice is a participating Health Care Home

then you could enrol as a patient.